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Lesson 44 Speed and comfort

又快捷又舒适 **比较级** **最高级**

与课文关联的 34 个单词(点击每个单词可查看详细介绍)



positively /'pɒzətɪvli/

adv. 绝对地，完全地

compartment /kəm'pɑ:tmənt/

n. 列车客车厢内

cramped /kræmpt/ adj. 窄小的

stuffy /'stʌfi/ adj. 憋气的，闷气的

monotonous /mə'nɒtənəs/

adj. 枯燥的，乏味的，单调的

rhythm /'rɪðəm/ n. 有节奏的运动

click /klɪk/ v. 发出咔嚓声

lull /lʌl/ v. 催人欲睡

snatch /snætʃ/ n. 短时，片段

sleeper /'sli:pə(r)/ n. 卧铺

fumble /'fʌmb(ə)l/ v. 乱摸，摸索

inspection /ɪn'spekʃ(ə)n/ n. 检查

inevitably /ɪn'evɪtəbli/

adv. 必然地，不可避免

destination /,destɪ'neɪʃn/

n. 目的地

exhaust /ɪg'zɔ:st/ v. 使精疲力尽

motorway /'məʊtəweɪ/ n. 快车道

ferry /'feri/ n. 渡船

cruise /kru:z/ n. 巡游船

civilize /'sɪvəlaɪz/

v. 使文明的分隔间（或单间）

spacious /'speɪʃəs/ adj. 宽敞的

seasick /'si:sɪk/ n. 晕船的

intimidate /ɪn'tɪmɪdeɪt/

v. 恐吓，恫吓

disadvantage /,dɪsəd'vɑ:ntɪdʒ/

n. 短处，缺点单调的

exhilarating /ɪg'zɪləreɪtɪŋ/

adj. 使人高兴的，令人兴奋的

escapist /ɪ'skeɪpɪst/ n. 逍遥者

sip /sɪp/ v. 呷，啜

champagne /ʃæm'peɪn/

n. 香槟酒

refinement /rɪ'faɪnmənt/

n. 精心的安排

brehtaking /'breθeɪkɪŋ/

adj. 激动人心的；不寻常的

soar /sɔ:(r)/ v. 高飞，翱翔地

landscape * /'lændskeɪp/ n. 景色

fresh * /freʃ/ adj. 精神饱满的

effortlessly /'efətlesli/

adv. 不费力地

uncrumpled /ʌn'krʌmpəld/

adj. 没有垮下来

切入生活(坐车旅行) 难度: 3 级

※ People travelling long distances frequently **have to decide** whether they **would prefer** to go by land, sea, or air. 统领整个文章的结构

by land 坐车	Hardly anyone can positively enjoy sitting in a train for more than a few hours.
by sea 坐 船	By comparison, ferry trips or cruises offer a great variety of civilized comforts.
by air 坐飞 机	Aeroplanes have the reputation of being dangerous and even hardened travellers are intimidated by them.

※ Hardly anyone **can positively enjoy** sitting in a train for more than a few hours.

『 **hardly anyone = almost no one** 几乎无人... 』

- **Hardly anyone** writes to me these days.

hardly anything = almost nothing 几乎什么都没有	Dad ate hardly anything .
hardly ever = almost never 几乎从不	Though he owned a large car, he hardly ever used it, preferring always to go on foot.

『 **positively** adv. used to emphasize the truth of a statement, esp. when this is surprising (加强语气) 真, 真的很, 真的是 』

- Some diets may be **positively** dangerous.
- Tonight's performance is **positively** the last time the band will appear together.

造句: Hardly anyone can **positively** enjoy eating the same food for more than a few

days. 很少有人真喜欢几天以上吃同一种食物。

※ Train compartments soon **get** cramped and stuffy.

『 **compartment** n.隔层, 分隔间 』

- ..., for she had sixteen **watertight compartments**.

『 **a cramped room / office / cabin** 狭窄的房间/办公室/船舱 』

- The corridor was so **cramped** that I had to **edge my way** through it. 走廊如此狭小我只好侧着身子走过去。

spacious adj. 宽敞的

You can stretch your legs on the **spacious** decks, ...

『 **stuffy** adj.闷的, 不通风的 』

- The room is too **stuffy**. Please open the window to **allow the air** to circulate.

stuffed adj.填满, 装满

The bag **was stuffed with** dirty clothes. 袋子里塞满了脏衣服。

※ **It is almost impossible** to **take your mind off the journey**.

『 **take one's mind off sth.** 转移注意力(不去想不愉快的事) 』

- It is almost impossible to **take my mind off my dog's death**.
- The good thing **about running** is that it **takes my mind off** any problems I've got.

be haunted by ... 被困扰、被
鬼魂缠绕

- I **am haunted** by homesickness.
- After 30 years he **is still haunted by** the experience of fighting in Vietnam.

※ Reading **is** only **a partial solution**, **for** the monotonous rhythm of the **wheels clicking on the rails** soon **lulls** you to sleep.

『 **part → partial** adj.部分的 』

- a **partial** solution / success
- a **partial** solar / lunar eclipse 日/月偏食
- a **total** solar / lunar eclipse 日/月全食

造句: Taking medicine is only a partial solution, and **above all**, you have to **lead an orderly life**. 吃药只能解决部分问题, 最重要的是你必须要过有规律的生活。

『 **rhythm** 节奏 』

- It's a funky sort of **rhythm**. 这是一种音低节奏强的旋律。

beat 节拍	Let's dance to the beat .
melody 旋律	Classical music has the melody . 古典音乐有旋律。

『 **lull sb. to sleep** 催人入睡(使某人睡觉) 』

- **lull** a baby **to sleep**

lullaby n. 摇篮曲, 催眠曲	The dream-like music lulls me to sleep . 这梦幻般的音乐使我沉沉睡去。
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※ **During the day, sleep comes in snatches.**

『 **sleep comes in snatches** 忽睡忽醒 (断断续续的) 』

- The work was done **in snatches**. 这件工作是断断续续做成的。
- On the train, we **sleep in snatches**. 在火车上我们断断续续的睡着。
- Sleep came to him **in brief snatches**. 他时睡时醒。

toss and turn 翻来覆去	<ul style="list-style-type: none">• I try to go back to sleep and toss and turn for a while. 我努力重新入睡, 辗转反侧了一会儿。• Last night I tossed and turned in bed, too exhausted to sleep.
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※ **At night, when you really wish to go to sleep, you rarely manage to do so.**

『 **wish to do** 希望做某事 』

- She expressed a **wish to be** alone. 她表示希望一个人待着。
- It was her dearest **wish to have** a family. 有一个家是她由衷的希望。
- They **wish to limit** the power of the State. 他们希望限制政府权力。
- I **wish to God** you'd learn to pay attention! 我真希望你能学会集中注意力!

※ If you **are** lucky enough to get a sleeper, you **spend** half the night staring at the small blue light in the ceiling, or fumbling to find your ticket for inspection.

sleeper	n.卧铺车；卧铺车厢；卧铺床位	Some has only soft sleeper and soft seat. 有些只有软卧和软座。
	n.睡觉的人	a light / heavy sleeper

『大形年新颜国材用 + 中心名词 §』

- the small blue light
- a little white lamb
- small black boxes

『in、on 细致的用法』

- As we were walking past a shop, he held a diamond firmly against the window and made a deep impression **in** the glass.
- He hit me **on** the nose.
- He hit me **in** the face.
- I drove it **into** a lamp-post.
- A bird had snatched up the snake from the ground and then dropped it **onto** the wires.

引出观点(否定水路) 难度：5 级

※ Inevitably you **arrive** at your destination almost exhausted.

『inevitably adv. 必然，不可避免』

- **Inevitably** the repair job was not quite so simple.

inevitable adj.必然的，不可避免的	<ul style="list-style-type: none"> • You have to accept the inevitable. 你得接受必然发生的事。 • Those who make peaceful revolution impossible will make violent revolution inevitable. — John F. Kennedy
sth. can't be helped 某事无可奈何(不可避免)	I'm sure you didn't do it on purpose and it can't be helped . 我肯定你不是故意这样做的，这也是没办法的事。

『形容词做主语补足语 (补充说明动作发生时主语的状态)』

- ..., you will arrive at your destination **fresh and uncrumpled**.
- When I got home, I was tired and sleepy. → I got home **tired and sleepy**.

❖ Long car journeys **are even less pleasant**, **for it is quite impossible** even to **read**.

..., for you are quite impossible to read. X

『 **quite** adv.完全地、相当地 』

- They were also **quite sure** that a cigarette end did not start the fire.
- The drunk, however, seemed **quite sure** of himself.
- In winter, however, life at the monastery is **quite** different.

❖ On motorways you **can, at least, travel** fairly safely at high speeds, **but more often than not, the greater part of the journey is spent** on roads **with few service stations and too much traffic**.

『 **motorway** n.高速公路 』

- A nine-mile stretch of **motorway** has been closed. 一段九英里长的高速公路已关闭。
- Sorry I'm late. There was a hold-up on the **motorway**. 抱歉，我来晚了，公路上堵车了。

expressway n.<美>高速公路 路	The expressway on-ramp lay just ahead. 高速公路的入口匝道就在前方。
freeway n.<美>高速公路	The speed limit on the freeway is 55mph. 这条高速公路的限速为每小时55英里。

『 **more often than not = as often as not** 通常 』

- **More often than not**, the arguments could have been avoided.

all too often (不愉快的事) 经常发生、很多时候	All too often , parents leave their children home alone.
every so often = sometimes 有时	She still calls me every so often .

『 **petrol / service station** 加油站 』

- In the **service station** he asked all about my family. 在加油站他问了关于我家人的一切。
- Look, Dashan. There's a **service station** straight ahead. 大山，你看，前边有一家加油站。
- There is a **petrol station** round the bend in the street. 在下一个街道拐角处有个加油站。

gas station 加油 站<美>	Lucy, you can't use the phone until we are far from the gas station . 露西，在我们远离加油站之前你不能使用手机。
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『 **traffic** n. 路上行驶的车辆，交通（数不清） 』

- Meanwhile, the **traffic** piled up behind.
- A policeman approached Jimmy and told him he ought to have gone along a side street as Jumbo was holding up **the traffic**.

造句：Some of my acquaintances in the country come up to town once or twice a year to visit the theatre as a special treat, but more often than not, the greater part of the journey is spent on roads with few service stations and too much traffic. 我的几个住在乡下的熟人每年进城一两次来看戏，对他们来说这是一种特殊的享受了，但是通常旅程中大部分时间花在了路上，在路上加油站很少，车辆却很多。

※ By comparison, ferry trips or cruises offer a great variety of civilized comforts.

『 **by / in comparison** 相比之下 』

- **By comparison**, shipments to North America, mainly the U.S., were flat in that period. 而与其相比，对以美国为主的北美国家的出口同期基本持平。
- The amount of carbon dioxide released by human activities such as burning coal and oil is small **in comparison**. 相比之下人类燃烧煤、石油等活动所释放的二氧化碳的量是少的。

pale in / by comparison 相形见绌（坏事）	I thought I was badly treated but my experiences pale in comparison with yours.
by / in contrast 相比之下	An old watch, by contrast , becomes so worn and unreliable that it eventually is not worth mending.
<u>compared with / to ...</u> 与...相比	Compared with last year, this year's sales have increased significantly. 与去年相比，今年的销售额大幅增长。
<u>in / by comparison with / to ...</u> 与...相比	In comparison with her previous job, this one offers more opportunities for growth. 与她以前的工作相比，这份工作提供了更多的成长机会。

in / by contrast with / to

... 与...相比

In contrast with his calm demeanor, his brother is very excitable. 与他冷静的举止相比，他的兄弟非常容易激动。

『 **comforts** n.使人感觉舒适的事物 』

- hotels with all **the modern comforts**
- After the trip, it was nice getting back to a few **home comforts**.

※ You can **stretch your legs** on the spacious decks, **play** games, **meet** interesting people and **enjoy** good food — always assuming, of course, that the sea **is** calm.

『 **stretch one's legs** 舒展筋骨 』

- He wanted to **stretch his legs** to relax a little. 他想去遛遛腿，休息一会儿。
- He has just spent eight months at sea, and needs to **stretch its legs**. 这家伙刚在海里度过了八个月，需要舒展筋骨。

take a walk / stroll 散步	He usually takes a short walk in the evenings and is always home by seven o'clock.
have a walk / stroll 散步	...I noticed a huge number of snails taking a stroll on some of my prize plants.
go for a walk / stroll 散步	Are we going to brave the elements and go for a walk ? 我们要冒着风雨去散步吗?

『 **meet** v.结识、结交 』

- One wants to **meet like-minded** collectors, ...

assuming (that)	以为	Assuming that his family had been killed during an air raid, Hans settled down in a village fifty miles away where he had remained ever since.
	假定， 假如	You'll get there in half an hour — assuming , of course, that the traffic is not heavy. 你将用半小时到那里——当然假定路上车不多的话。

※ If it is not, and you are likely to get seasick, no form of transport could be worse.

『 transport <英> / transportation <美> 交通方式 (不可数) 』

- public **transport** / **transportation**
- A lot of people object to mobile phones, especially when they are used in public places like restaurants or on **public transport**.

『 否定词 + 比较级 = 最高级 』

- **Nothing** could have been **more** annoying.
- **No** creature has received **more** praise and abuse than the common garden snail.
- There is **no quicker** method of disposing of patients **than** by giving them what they are asking for.
- **Nothing** can be compared, he maintains, **with** the first cockcrow, the twittering of birds at dawn, the sight of the rising sun glinting on the trees and pastures.
- But **nothing can match** them for speed and comfort.
- **Nobody equals / matches** him in strength.
- In English she **has no equal** in her class.
- In computer programming, Susan **is head and shoulders above** the rest of us.

※ Even if you travel in ideal weather, sea journeys take a long time.

『 Even if 即使, 尽管 』

- People will do anything to see a free show -- **even if** it is a bad one.
- **Even if** two of these were flooded, she would still be able to float.
- ..., **even if** he has five hundred gold watches hidden in his suitcase.
- ... would have stood stoutly **even if** it had been almost submerged.
- **Even if** one didn't know from concrete examples (the 1936 Olympic Games, for instance) ...
- **Even if** a piped water supply is safe at its source, it is not always safe by the time it reaches the tap.

※ Relatively few people are prepared to sacrifice holiday time for the pleasure of travelling by sea.

『 relatively few / easy / new / minor ... 相对较少/容易/新/次要... 』

- Cave exploration, or pat-holing, as it has come to be known, is a **relatively new** sport.

『 be prepared to do = be willing / ready to do 愿意做某事 (不要翻译成“准备做某事”) 』

- Why people **are prepared to** tolerate a four-hour journey each day for the dubious privilege of living in the country is beyond me.

『 **sacrifice ... for ...** 为...而牺牲(牺牲前者为了得到后者) 』

- Such is human nature, that a great many people are often willing to **sacrifice** higher pay **for** the privilege of becoming white-collar workers.

造句: Relatively few people **are prepared to** **sacrifice** their **human dignity for** money. 没有多少人愿意为了钱而牺牲掉自己作为人的尊严。

前面铺垫(对比), 后面举荐(又快捷又方便) 难度: 3 级

※ Aeroplanes **have the reputation of** being dangerous **and** even **hardened** **travellers are intimidated** by them. 欲扬先抑(先说缺点)

『 **have the reputation of being ...** 有...的名声 』

- The tree **that was planted near the church** **has the reputation of being evil**.
- She **has the reputation of being** a good doctor.
- Peter **has the reputation of being** the worst boy in the class.
- The heroine, at some dramatic moment in the story, **had the reputation of being** ruined.

『 **hardened** adj. someone who is hardened has had a lot of difficult or unpleasant experiences and is no longer much affected by such things 老练的, 老资格的, 见怪不怪的, 麻木不仁的 』

- The **hardened professional smuggler**, on the other hand, is never troubled by such feelings, even if he has five hundred gold watches hidden in his suitcase.

※ They also **have the disadvantage of being an expensive form of transport**.

『 **have the disadvantage of ...** 有...的缺点 』

- He **has the disadvantage of being** unable to drive a car.

have the advantage of ...

有...的优点

Though she **has the twin advantages of** wealth and beauty, she doesn't live a happy life.

※ But nothing **can match** them **for speed and comfort**. 比较级表最高级

『 **nothing can match** 没有什么能比得上 』

- **Although** we have eaten delicious food, **nothing can match** Mom's cooking.
- **No matter how many** delicious meals we have had, **nothing can match** Mom's cooking. 更文言
- **Nothing can match** a European night against one of the greats like Barcelona or Juventus. 没有什么可以和与巴萨或者尤文图斯对决的欧冠之夜比。
- **No matter how** painful you experience, eventually will gradually forgotten. Because, **nothing can match** the time... 不管你经历多痛的事情，到最后都会渐渐遗忘。因为，没有什么能敌得过时光。

✧ * Travelling at a height of 30,000 feet, far above the clouds, and at over 500 miles an hour is an exhilarating experience.

『 exhilarating adj. 令人极其兴奋和高兴的 』

There is nothing more **exhilarating** than to be shot at without result. — Sir Winston Churchill

✧ You do not have to devise ways of taking your mind off the journey, for an aeroplane gets you to your destination rapidly.

『 devise v. 设计，发明；设想、图谋 』

- They **devise** hundreds of competitions which will enable us to win huge sums of money.
- Experts are trying to **devise** ways to clean up the huge slick. 专家们在努力想出清除大面积浮油的办法。
- **Devise** a new instrument. 设计一台新仪器。
- **Devise** formulas for calculating cost savings. 为计算节省的成本设计公式。

✧ For a few hours, you settle back in a deep armchair to enjoy the flight.

flight n. 航班	fright n. 惊吓, 恐怖, 惊吓	fight v./n. 打架、斗争	light n. 光	slight adj. 轻微的	bright adj. 明亮的	sight n. 视野
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『 settle v. 舒适地坐到... 』

- **settle back** in a deep armchair 仰坐在高扶手椅里
- We **settled** in front of the television for the evening.

settle v. 驻扎	Six hundred years ago, Sir John Hawkwood arrived in Italy with a band of soldiers and settled near Florence.
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settled down 定居	<ul style="list-style-type: none"> Assuming that his family had been killed during an air raid, Hans settled down in a village fifty miles away where he had remained ever since. He had hardly had time to settle down when he sold the house and left the country.
be settled 解决(纠纷)	The two men quarrelled bitterly and it was clear that the argument could only be settled by a fight.

※ The real escapist can watch a film and sip champagne on some services.

『 **escapist** n. 遁世逍遥者, 逃避现实生活一心享受的人 』

- Her books are usually **escapist** fantasies. 她的书通常是逃避现实的幻想作品。
- This is an **escapist** therapy. 这是逃避现实的疗法。
- You may be an **escapist**, too. 你也可能是个逃避主义者。
- You can read the **Escapist** two ways. 您可以从两个方面解读“避世者”。

『 **service** n. BrE a regular journey made by a bus, train, boat, plane etc. to a particular place at a particulertime 汽车, 火车, 轮船, 飞机等的班次 』

- The bus service is appalling now. 现在公共汽车服务很差。
- The local bus service is well run and extensive. 当地的公交线路运营良好, 四通八达。

※ But even when such refinements are not available, there is plenty to keep you occupied.

『 **refinement** n. 改进, 改良 (可数名词: 常用复数) 』

- With several **refinements** your essay would be excellent.

『 **occupy** vt. 占据 (时间, 空间等) 』

- A little later, a man came along with a biscuit which **occupied** the whole boot of his car.

keep sb. occupied 使某人忙碌

We need something to **keep the children occupied**.

※ An aeroplane offers you an unusual and breathtaking view of the world.

『 **breathtaking** adj. 令人惊叹的 』

- The house has **breathtaking** views from every room. 这房子从各个房间都能看到令人惊叹的风景。

- Some of their football was **brehtaking**, a delight to watch. 他们踢的足球赛有些场次令人惊叹,看起来赏心悦目。

brehtakingly adv.惊人地; 令人激动地	The West Lake is brehtakingly beautiful!
take a ... breath ...地吸一口气	He took a deep breath to compose himself .

※ You **soar** effortlessly over high mountains and deep valleys.

『soar v.急升, 猛涨; 高飞, 翱翔』

- Shares **soared** on the New York stock exchange. 纽约证券交易所股票暴涨。
- If you're lucky, a splendid golden eagle may **soar** into view. 幸运的话, 一只金色雄鹰会跃入视线。

※ You really **see** the shape of the land.

『the shape of ... 某种形状: 以某种形式出现, 或看起来像某种形状。』

- The Shape of Water 《水形物语》(电影名)
- Shape of You -Ed Sheeran 你的样子

※ If the landscape is hidden from view, you can enjoy the extraordinary sight of unbroken cloud plains that stretch out for miles before you, while the sun shines brilliantly in a clear sky.

『before you 在你面前』

- You have two choices **before you**.
- There is a lot of trouble **before you**.

※ The journey is so smooth that there is nothing to prevent you from reading or sleeping.

『prevent sb. from doing 阻止、妨碍某人做某事』

- In the new society, there is nothing to **prevent** a child **from** receiving good education. 在新社会, 每个孩子都能接受良好的教育。
- She is so talented and diligent that there is nothing to **prevent** her **from** fulfilling her dream. 她既有天赋又这么勤奋, 一定能实现自己的梦想。

※ However you **decide** to spend your time, **one thing is certain**: you **will arrive** at your destination **fresh and uncrumpled**.

造句: Whatever difficulty we may encounter on our road ahead, **one thing** is certain: we will manage to overcome it so long as we persist. 无论在前进的道路上遇到什么样的困难, 有一件事是肯定的: 只要我们坚持就一定能克服它。

※ You **will not have to spend** the next few days **recovering from a long and arduous journey**.

『 **recover from ...** 从...中恢复(正常状态) 』

- It'll take her time to **recover from** the illness. 她康复需要时间。
- It is hard for people to **recover from** the pain of losing a family member. 人们很难从失去亲人的痛苦中恢复过来。

recover / restore / regain sth. 恢复了...	<ul style="list-style-type: none">• one's health• one's sight• one's consciousness• one's balance• one's composure
recover sth. 重新获得, 找回, 赚回, 补偿	But the claim made by a local authority to recover the cost of salvaging a sunken pie dish must surely be unique.

『 **arduous** adj.艰苦的, 费力的 』

- Those who seek it undertake an **arduous** journey and can never be sure that they will find it.



Break the ice

打破冷场, 打破僵局

共有1道练习题(解题方法与答案需要在“ncego.com”笔记官网查看)

1. M: I don't know how I managed to break that platter. I'll be more than happy to buy you a new one. W: Forget about it. Some things just can't be helped. (单选)

- A、 She can't help the man look for another platter.
- B、 She forgot the platter had been broken.
- C、 She didn't realize the platter had been broken.
- D、 She doesn't want the man to replace the platter.

受限于个人水平，笔记若有疏漏之处，恳请发送邮件至 hibenba@gmail.com 批评指正。
同时可通过网址(ncego.com)页面底部"举报"错误 (更新于:2026-03-01)。

一场孤独的修行，需要相信积累的力量。专注当下、珍惜时间、心怀感恩、顶峰相见。