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Lesson 5 Youth

青年 **强调句** **并列句**

与课文关联的 17 个单词(点击每个单词可查看详细介绍) 

leave * /li:v/ n. 允许

fundamentals /,fʌndə'ment əlz/

glorious /'glɔ:riəs/

n. 基本原则

adj. 光辉灿烂的

splendid /'splendɪd/ adj. 灿烂的

rub * /rʌb/ n. 难题

identity /aɪ'dentəti/ n. 身份

dreary /'driəri/ adj. 沉郁的

commitment /kə'mɪtmənt/

mean * /mi:n/ adj. 吝啬，小气

n. 信奉

social climber /,səʊʃl

devotion /dɪ'vəʊʃn/ n. 热爱

cosmic /'kɒzmɪk/ adj. 宇宙的

'klaɪmə(r) /

n. 追求更高社会地位的人，向上爬的人

suburban /sə'bʌ:bən/

conceited /kən'si:ti:d/

presumptuous /prɪ'zʌmpʃjuəs/

adj. 见识不广的，偏狭的

adj. 自高自大的

adj. 自以为是的，放肆的

fatuous /'fætʃuəs/ adj. 愚蠢的

cliche /'kli:ʃeɪ/ n. 陈词滥调

青年问题 难度：5 级

※ People **are** always **talking** about 'the problem of youth'. 批判性文章的开头

『 **be always doing** 老是做某事（贬义） 』

- He's **always having** arguments with people. 他老是和别人争吵。
- Our vicar **is always raising** money for one cause or another, but he has never managed to get enough money to have the church clock repaired.

- She is **always bemoaning** her lot. 她总是怪命不好。

be forever doing 老是做某事	He is forever talking about the friendly people and the clean atmosphere.
be constantly / continually doing 不断做某事	I can't do my job if you're constantly humiliating me. 如果你不断羞辱我，我就无法工作。
keep (on) doing 持续做某事	He kept on pestering his doctor to tell him when he could go home.
do sth. all the time / time and time again 反复做某事	It makes me uncomfortable to ask my friends to wait on me all the time . 老是让朋友伺候我让我感到不舒服。
with monotonous regularity / ad nauseam 单调重复地	The same old favorites recur year in year out with monotonous regularity .

※ If there is one -- which I take leave to doubt -- then **it is** older people **who create** it, not the young themselves.

『 **强调句** it is/was ... that/who ... 』

- It is **older people who** create the problem, not the young. 是老年人制造了问题，而不是年轻人。
- It was **she who** inspired the team to succeed. 是她激励团队取得成功。
- It is **this book that** changed my perspective on life. 是这本书改变了我的生活观。

『 **if ... then ...** 条件句加强连贯性 』

- **If** you study hard, **then** you will pass the exam. 如果你努力学习，那么你就会通过考试。
- **If** we leave now, **then** we can catch the train. 如果我们现在离开，那么我们能赶上火车。
- **If** there is a chance, **then** we should take it. 如果有机会，那么我们应该抓住。

If there is heaven—which I take leave to doubt—**then** it is the rich and powerful who can enter, not the poor themselves. 如果真有天堂—对此我表示怀疑—那么是有钱有势的人可以进入，而不是穷人自己。

※ Let us **get** down to fundamentals and **agree** that the young **are after** all human beings -- people just like their elders.

『 **get down to sth. / doing** 开始认真做某事 』

- Let's **get down to** business. 让我们开始认真谈生意。
- Let's **get down to** discussing the details. 让我们开始认真讨论细节。
- It's time to **get down to** studying for the exam. 是时候开始认真复习考试了。

『 **agree** v. accept / admit / acknowledge / recognize / concede 承认 』

- All these countries **recognize / concede** that there is only one China.
- We must **agree** that everyone deserves respect. 我们必须承认每个人都值得尊重。
- They **agreed** that the plan was feasible. 他们承认这个计划是可行的。
- She **agreed** that mistakes were made. 她承认犯了错误。

※ There **is only one difference** between an **old man** and a young one: **the young man has a glorious future before him and the old one has a splendid future behind him: and maybe that is where the rub is.**

『 **just / merely / no more than difference** 唯一的区别 』

- There is **just one difference** between the two plans: their cost. 这两个计划只有唯一的区别：成本。
- There is **a single difference** in their approaches to the problem. 他们的解决问题方法只有一个区别。
- There is **no more than one difference** between the two designs. 这两个设计之间仅有一个区别。

<p>a single difference 一个微小的差异</p>	<p>Despite their long discussion, they couldn't find a single difference between the two contracts. 尽管他们进行了长时间的讨论，他们也找不出两份合同之间任何一个微小的差异。</p>
<p>a solitary difference 唯一的差异</p>	<p>The two proposals are identical, save for a solitary difference in the funding amount. 除了资助金额上的一个唯一的差异，这两份提案是完全相同的。</p>

『 **antithesis** 对仗结构（结构相同、语义相对） 』

- When **poverty comes** in at the door, **love leaps** out at the window. 贫穷跨门而入，爱情破窗而出。
- **A mother takes twenty years to make a man of her boy, and another woman takes twenty minutes to make a fool of him.** 母亲花二十年让儿子成为男人，另一个女人花二十分钟让他变成傻瓜。
- Humility brings benefits, while pride **leads to losses.** 谦受益，满招损。
- **Man** has sorrow and joy, separation and reunion; **The Moon** has its overcast and clear, waxing and waning. 人有悲欢离合，月有阴晴圆缺
- When **one door** shuts, **another window** opens. / When **God** closes a door, **he** opens a window.

『 **that is where ...** 那就是... 』

- **That's where** you and I differ. 那就是你我不同的地方。

- **That's where** I draw the line. 那就是我坚决不做的事情。
- **That's where** the problem lies. 那就是问题所在。

亲自经历举例 难度：4 级

※ When I **was** a teenager, I **felt** that I **was** just young and uncertain ... that I **was** a new boy in a huge school, and I **would have been** very pleased to be regarded as something so interesting as a problem.

『 teenager / teen 青少年(13~19) 』

in one's teens 青少年时期	When I was in my teens , I was full of energy. 当我处于青少年时期时，我充满了活力。
adolescent 青少年 / 青春期的(叛逆的)	My adolescent daughter is starting to explore her interests. 我青春期的女儿开始探索她的兴趣。
adolescence 青春期(不可数)	Many changes occur during adolescence . 青春期会发生许多变化。
juvenile 少年的(法律, 可数)	Juvenile delinquency / delinquent is a growing concern in some areas. 青少年犯罪在一些地区是个日益严重的问题。

『 huge school 比喻社会(暗喻) 』

- Society is like a **huge school** where everyone learns from each other. 社会就像一个巨大的学校，每个人都在其中相互学习。
- As a newcomer, I felt lost in the **huge school** of life. 作为一个新人，我在生活的巨大学校中感到迷失。
- Navigating the **huge school** of society can be daunting for young people. 对年轻人来说，探索社会的巨大学校可能令人畏惧。

『 regard / see / count A as B 把A看作B 』

- I **would** have been pleased if I **had been** **regarded as** something so interesting as a problem. 我很高兴被看作是一个如此有趣的问题。
- That, believe it or not, was one of the findings parents might **regard as** good news. 信不信由你，家长们认为的好消息可能就是这其中一项发现。
- They don't value what they **regard as** inane and pointless. 他们不屑于他们视为空无意义的东西。

think of / look on / conceive of A as B 把A看作B	They think of him as a reliable leader. 他们认为他是一个可靠的领导者。
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consider A (to be) B 认为A是B	You would consider octopus a great delicacy in the Mediterranean. 在地中海，你会认为章鱼是一道美味佳肴。
deem / reckon A to be B 认为A是B (书面)	They deem him to be the best candidate. 他们认为他是最佳候选人。
be recognized / acknowledged as 被公认为	Heifetz was recognized / acknowledged as the greatest violinist of the 20 th century. 海菲兹被公认为是20世纪最伟大的小提琴家。

『 **as something so interesting as a problem = Being a problem is better than being a nobody** 成为一个问题总比默默无闻好 』

- **Being a problem** gives you attention, unlike being ignored. 做问题会让你受到关注，而不是被忽视。
- She believed **being a problem** was better than fading into the background. 她认为做问题总比默默无闻好。
- **Being a problem** means you're noticed, not overlooked. 做问题意味着你会被注意到，而不是被忽略。

※ **For one thing**, being a problem **gives** you **a certain identity**, **and that is** one of the things the young **are** busily engaged in seeking.

『 **for one thing ... for another ...** 原因之一是... 另一个原因是... 』

- **For one thing**, I don't like flying, **and for another**, I can't afford it. 原因之一是不喜欢坐飞机，另一个原因是我负担不起。
- **For one thing**, stereotypes are often accurate. 首先，刻板印象通常很准确。
- Don't set him the task. **For one thing** he's old; **for another** he's in poor health. 不能让他去干，一则年纪大，二则身体弱。

on the one hand ... on the other (hand) ... 一方面是... 另一方面是... (矛盾及转折)	On the one hand , I'd like a job that pays more, but on the other (hand) , I enjoy my current work. 一方面我想找份薪水更高的工作，另一方面我喜欢现在的工作。
not that ... but that ... 不是因为... 而是因为...(要求上下文对账)	<ul style="list-style-type: none"> • Not that I love Caesar less, but that I love Rome more. 不是因为我爱凯撒少，而是因为我更爱罗马。Shakespeare 'Julius Caesar'. • Not that I love you less, but that I love liberty more. • Not that I love my teacher less, but that I love truth more.

It is not that ... but

(that) ... 不是因为... 而是因为...

- **It is not that** the scales differ, **but that** the balance is more accurate. 不是因为磅秤不同，而是因为天平更精确。
- **It was not that** I actually remembered anything at all. **But** my father had described over and over again what we should see at every milestone, after leaving the nearest town...
- **It is not that** the scales in the one case, and the balance in the other, differ in the principles of their construction or manner of working; **but that** the latter is a much finer apparatus and of course much more accurate in its measurement than the former.

『 be engaged in sth. / doing 忙于某事 』

- How many spiders **are engaged in** this work on our behalf?
- The young are **engaged in seeking** their identity. 年轻人忙于寻找自己的身份。
- She is **engaged in** writing a novel. 她忙于写一部小说。
- They are **engaged in** developing new technology. 他们忙于开发新技术。

对于青年人的观察 难度：6 级

※ I **find** young people exciting.

『 find 认为/感觉（书面语） 』

- I **find** young people exciting. 我认为年轻人令人兴奋。
- She **finds** learning new languages rewarding. 她觉得学习新语言很有回报。
- We **find** his ideas inspiring and innovative. 我们认为他的想法鼓舞人心且富有创新性。

※ They **have** an air of freedom, and they **have** not a dreary commitment to mean ambitions or love of comfort. 他们并不信奉个人主义，也不贪图舒适享受。

『 air 风度/气质 』

- They have an **air of freedom** that inspires others. 他们有一种自由的气质，激励着他人。
- She carries an **air of confidence** in every meeting. 她在每次会议中都带有一种自信的气质。
- His **air of calmness** made everyone feel at ease. 他的平静气质让大家感到放松。

『 dreary 单调的/无趣的 』

- They have not a **dreary** commitment to mean ambitions. 他们没有对卑微野心的单调承诺。
- The **dreary** routine of daily work bored her. 日常工作的单调例程让她感到厌烦。
- The town's **dreary** atmosphere made him want to leave. 小镇单调的氛围让他想离开。

※ They **are** not anxious social climbers, and they **have** no devotion to material things.

『 **social climber** 追求社会地位的人(社会地位专营者) 』

- They are not **anxious social climbers** chasing status. 他们不是急于追逐地位的社会攀登者。
- He avoided becoming a **social climber** and valued simplicity. 他避免成为社会攀登者，重视简朴。
- Unlike **social climbers**, she prioritized genuine relationships. 不像社会攀登者，她优先考虑真诚的关系。

『 **devotion to** 对...的奉献 (热爱) 』

- They have no **devotion to** material things. 他们对物质没有奉献。
- Her **devotion to** charity inspired many. 她对慈善的奉献激励了很多人。
- His **devotion to** his work earned him respect. 他对工作的奉献为他赢得了尊重。

※ All this **seems** to me to link them with life and the origins of things.

『 **link ... with ...** 将...与...联系起来 』

- All this seems to **link them with** life and its origins. 这一切似乎将他们与生命及其起源联系起来。
- Her speech **linked** the event **with** historical changes. 她的演讲将事件与历史变迁联系起来。
- The study **links** diet **with** improved health outcomes. 这项研究将饮食与改善健康结果联系起来。

※ It's **as if** they **were** in some sense cosmic beings in violent and lovely contrast with us suburban creatures.

『 **as if / as though** 虚拟语气 』

- It's **as if** they were cosmic beings. 仿佛他们是宇宙的存在。
- Don't act **as if** you were the only pebble on the beach. 不要表现得仿佛你是唯一重要的人。
- It looks **as if** he were talking to someone invisible. 看起来他仿佛在和一个隐形的人说话。

『 **in some sense** 在某种意义上 』

- I think he may be right **in some sense**. 我认为他在某种意义上可能是对的。
- Or in some sense does it go just the opposite? 或者某种程度上它会不会恰好是相反的?
- In some sense, the use case is path - or goal-based. 从某种意义上说，用例基于路线或目的。
- In some sense, they both need the same amount of diapers. 从某种意义上说，他们需要相同数量的尿布。

to some degree/extent 某种程度上 上	I agree with you to some degree / extent . 我在某种程度上同意你的看法。
in some measure 某种程度上	The true value of a human being is determined primarily by the measure and the sense in which he has attained liberation from the self. -- Albert Einstein

『 being ...的存在 』

- living **being** (生物; 有生命的存在物)
- supreme **being** (至高存在; 神)
- Man is a sentient **being**. 人是有感觉的生物。
- To **be**, or not to **be**: that is the question. — William Shakespeare 生存、毁灭: 这还是个问题
- I think therefore I **am**. — René Descartes 我思故我在
- **Being** and Nothingness — Jean Paul Sartre 存在与虚无

human being 人类 (唯一可数表 “人类”)	Every human being deserves respect. 每个人类都值得尊重。
intelligent being 智慧生物	Scientists search for intelligent beings in the universe. 科学家在宇宙中寻找智慧生物。
alien being 外星人	The movie depicted an alien being visiting Earth. 这部电影描述了一个外星人造访地球。

『 in / by contrast / comparison to / with 与...对比 』

- They are cosmic beings **in contrast with** us suburban creatures. 他们是宇宙的存在, 与我们郊区生物形成对比。
- Her approach is innovative **by comparison with** traditional methods. 她的方法与传统方法相比是创新的。
- **Compared to** last year, sales have improved significantly. 与去年相比, 销售额显著提高。

in contrast to / with 与...对比/相比	In contrast to his brother, he is very shy and quiet. 与他兄弟相比, 他非常害羞和安静。
by contrast 相比之下/与之形成对比	The North of the country is very industrialized; by contrast , the South is largely agricultural. 该国北部工业化程度很高; 相比之下, 南部基本上是农业。

in comparison to / with 与...对比/比较	The old model is quite slow in comparison with the new version. 与新版本相比, 旧型号相当慢。
by comparison 相比之下	The first task took all morning, but the second one was very quick by comparison . 第一个任务花了一整个上午, 但相比之下第二个任务很快就完成了。

※ All that **is** in my mind **when** I **meet** a young person.

『 **be in one's mind** 记在心中 』

- All that **is in my mind** when I meet a young person. 当我遇到年轻人时, 这些都在我心中。
- Peace is **in my mind!** 和平在我心中!
- I keep thinking about him, his face is **in my mind** constantly, eating me away. 我一直想着他, 他的脸总出现在我脑海中, 萦绕着。

be on one's mind 牵挂着	The upcoming exam is on my mind all day. 即将到来的考试整天让我牵挂。
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※ He **may be** conceited, ill-mannered, presumptuous or fatuous, **but I do not turn** for protection to dreary cliches about respect for elders -- **as if mere age were a reason for respect**. 欲扬先抑

『 **ill-** 不良的 (非谓语句动词作形容词) 』

- ill-advised
- **ill-educated**
- ill-tempered
- ill-gotten 不义之财的; 非法获得的 (e.g., ill-gotten gains)
- ill-use 虐待; 滥用 (指不良使用)
- ill-treatment 虐待; 不公正的对待
- ill-conduct 不良行为; 不检点
- ill-doing 犯罪; 作恶
- ill-advised 不明智的; 欠考虑的; 不恰当的建议

ill-mannered 无礼的	He may be ill-mannered , but I respect his honesty. 他可能无礼, 但我尊重他的诚实。
ill-treated 虐待的	Ill-treated animals need better care. 被虐待的动物需要更好的照顾。
ill-bred 缺乏教养的	His ill-bred behavior shocked the guests. 他缺乏教养的行为让客人们震惊。

well-bred 有教养的	She is a well-bred young lady with excellent manners. 她是一位教养良好的年轻女士，举止优雅。
well-informed 见多识广的	A well-informed decision is based on solid facts. 见多识广的决定基于坚实的事实。

『 **turn to ... for ...** 向...寻求... 』

- The child **turned to** his mother **for** comfort. 孩子向母亲寻求安慰。
- The refugees **turned to** the embassy **for** protection. 难民向大使馆寻求保护。
- I **turned to** my mentor **for** advice on the project. 我向导师寻求项目建议。

He had to turn to his brother for help, because his brother is the only person he could trust. ⇒ He had to **turn for help to** his brother, the only person he could trust. 改变语序

The long hours in the office or the factory **bring with them as their reward, not only the means of sustenance, but a keen appetite for pleasure even in its simplest and most modest forms.**

『 **age** 老年/年长、年纪大的 』

- An idle youth, a needy **age**. 少壮不努力，老大徒伤悲。
- The **age** of the building made it less appealing. 大楼的老化使其吸引力下降。
- With **age** comes wisdom, but not always respect. 随着年龄增长，智慧增加，但不总是有尊重。

※ I **accept** that we **are** equals, **and** I **will argue** with him, **as an equal**, if I think **he is** wrong.

『 **as an equal** 作为平等的人 』

- I will argue with him **as an equal**. 我将以平等的身份与他争论。
- She treated everyone **as an equal** regardless of status. 她平等对待每个人，不论地位高低。
- We should communicate **as equals** to foster mutual respect. 我们应以平等身份交流以促进相互尊重。

※ **写作题材：Claim-Response Pattern** 主张反应模式

1. claim 给出某人的观点
2. response 给出作者自己的响应，或支持、或反对、或半支持半反对
3. reasons for response 对理由进行分析解释
4. relevant example(s) 举出相关例子
5. reaffirmation 进一步强调加强作者的响应



with one's bare hands

徒手的（只用双手：仅使用双手，没有使用工具或武器。）

共有2道练习题(解题方法与答案需要在“ncego.com”笔记官网查看)

1. M: what do you think of our new economics instructor? W: I don't know. Something about him rubs me the wrong way.Q: what does the woman say about the instructor? (单选)
 - A、 She has a negative impression of him.
 - B、 She sees nothing new about him.
 - C、 She thinks he gave her the wrong directions.
 - D、 She doesn't know him as well as she would like to.

2. M:Why did you come to the meeting late? I left a message with your roommate about the time change.W:She has a very short memory and it really gets on my nerves sometimes. (单选)
 - A、 The man shouldn't have invited her roommate to the meeting.
 - B、 Her roommate was unable to attend the meeting.
 - C、 Her roommate is unreliable about delivering messages.
 - D、 She forgot about the time change.

受限于个人水平，笔记若有疏漏之处，恳请发送邮件至 hibenba@gmail.com 批评指正。
同时可通过网址(ncego.com)页面底部“举报”错误 (更新于:2026-03-01)。

一场孤独的修行，需要相信积累的力量。专注当下、珍惜时间、心怀感恩、顶峰相见。