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# Lesson 25 Non-auditory effects of noise

噪音的非听觉效应 **并列句** **结果状语从句**

与课文关联的 16 个单词(点击每个单词可查看详细介绍) 

**auditory** /'ɔ:diətəri/ adj. 听觉的

**inadequate** /ɪn'ædɪkwət/  
adj. 不适当的

**plea** /pli:/ n. 要求

**abatement** /ə'beɪtmənt/ n. 减少

**discredit** /dɪs'kredɪt/ v. 怀疑

**allegation** /,ælə'geɪʃn/ n. 断言

**caption** \* /'kæpʃ(ə)n/ n. 插图说明

**wreck** \* /rek/ n. 残废人

**snag** /snæg/ n. 疑难之处，障碍

**anecdote** \* /'æni:kdəʊt/ n. 轶闻

**slander** \* /'slɑ:ndə(r)/ v. 诽谤

**persecute** /'pɜ:sɪkju:t/ v. 迫害

**squadron** /'skwɒdrən/ n. 中队

**psychiatric** /,saɪki'ætrɪk/  
adj. 精神病学的

**diagnosis** /,daɪəg'nəʊsɪs/ n. 诊所

**orphanage** /'ɔ:fənɪdʒ/ n. 孤儿院

## 论点 难度：6 级

※ Many people in industry and the Services, who have practical experience of noise, regard any investigation of this question as a waste of time; they are not prepared even to admit the possibility that noise affects people.

『 **The service** n. (plural noun) the army, navy and/or air force 』

- a career in **the services** 军旅生涯
- Her son is in **the Services**.
- Maybe you should **join the services**.

『 **service** department of people employed by the government or a public organization 政府部门 』

- **the Civil Service** 政府的行政部门
- **the Diplomatic Service** 外交部门
- **the National Health Service** 国民保健部门
- This modern faith in medicines is proved by the fact that the annual drug bill of **the Health Services** is mounting to astronomical figures and shows no signs at present of ceasing to rise.

『 **a waste of** ...的浪费 』

- Being unemployed is such **a waste of** your talents. 失业真是浪费了你的才能。
- Many believe that state aid is **a waste of** taxpayers' money. 许多人认为国家资助是浪费纳税人的钱。
- What **a waste of** all that good work! 那些努力工作白费了，真是可惜！

『 **be prepared / ready to do sth.** 乐意去做... 』

- Why people are **prepared to tolerate** a four hour journey each day for the dubious privilege of living in the country is beyond me.
- Relatively few people are **prepared to sacrifice** up to a third of their holidays for the pleasure of travelling on a ship.
- ...and the doctor in charge of the department **is only too ready to provide** them with these requirements.

Many people regard any investigation of GM foods as a waste of time; they **are not prepared to admit the possibility that** GM foods affects people. 很多人把调查转基因食品看作是浪费时间，他们甚至不愿意承认转基因食品可能对人有影响。

**be prepared for** 为...  
做好准备

You should **be prepared for** any unexpected changes in the schedule. 你应该为日程中任何突如其来的变化做好准备。

※ **On the other hand**, those who **dislike** noise **will** sometimes **use most inadequate evidence to support their pleas for a quieter society.**

『 **on the one hand ... on the other (hand) ...** (used to indicate contrasting points of view, opinions, etc 用以引导出相互矛盾的观点、意见等) 一方面..., 另一方面... 』

- I'd like to eat out, but **on the other hand** I should be trying to save money. 我想出去吃饭，但另一方面我应该省点钱。
- Even really honest people are often made to feel guilty. The hardened professional smuggler, **on the other hand**, is never troubled by such feelings, even if he has five hundred gold watches hidden in his suitcase.

- **On the other hand**, your stomach would turn at the idea of frying potatoes in animal fat — the normally accepted practice in many northern countries.

**On the other hand**, those who dislike GM foods will sometimes use most inadequate evidence to support their pleas for a diet without them. 另一方面，那些不喜欢转基因食品的人有时会使用极其不充分的证据来支持他们对没有这种东西的日常饮食的需求。

✧ This is a pity, because noise abatement really is a good cause, and it is likely to be discredited if it gets to be associated with bad science.

『 **cause** 理由(reason [C]&[U]) / 事业 (mission [C]) 』

- One would expect them to know their parts by heart and never have **cause** to falter. [U] reason
- Our vicar is always raising money for **one cause or another**, but he has never managed to get enough money to have the church clock repaired. [C] reason
- Her life was devoted to **the cause** of justice. 她一生致力于正义事业。 [C] mission

『 **discredit** to cause people to stop respecting someone or believing in an idea or person 怀疑，质疑；使失去信任 』

- Evidence of links with drug dealers has **discredited** the President. 与毒贩有关的证据使总统名誉扫地。
- Some of Freud's theories have now been **discredited**. 弗洛伊德的一些理论现在已经被质疑了。

**credit** v.相信，信任  
n.信用

It has also reformed access to **credit**, customs and judicial procedures. 它还改善了获得信贷、海关和司法程序的渠道。

『 **get to do sth.** 有机会... 』

- We **got to meet** all the stars after the show. 演出结束后我们有机会见到了所有明星。
- She **gets to travel** all over the place with her job. 她的工作让她有机会到处旅行。

『 **get to like ..** 渐渐开始... 』

- It'll take a while for you to **get to know** everyone. 你要花点时间才能了解每个人。
- After a while, I **got to like** him. 过了一阵子，我开始喜欢上他了。
- The more I **get to know** him, the more I **get to like** him. 我越了解他，就越开始喜欢他。
- I didn't enjoy the city at first, but I've **get to like** it now. 起初我不喜欢这座城市，但现在我开始喜欢它了。

**get to know** 开始了解；  
结识

It takes time to **get to know** someone's true character. 了解一个人的真实性格需要时间。

**get to understand** 开始理解

You will **get to understand** the importance of hard work later. 你以后会逐渐理解努力工作的重要性。

The development of GM foods really is a good cause, but it **is likely to be discredited if it gets to be associated with** bad science. 发展转基因食品确实是个好事业，但如果它与拙劣的科学联系在一起，很可能被质疑。

## 论述 难度：7级

※ One allegation often made is that noise produces mental illness.

『 **produce** v.to cause a particular result or effect 引起，产生，导致 』

- a rise in sea-level **produced** by climatic change
- As a policy, it did not **produce** the desired effect.
- This medicine may **produce** side effects in rare cases.

**One allegation often made** is that GM foods produce potential risks. 常见的一种指责是，转基因食品能引起潜在的风险。

※ A recent article in a weekly newspaper, for instance, was headed with a striking illustration of a lady in a state of considerable distress, with the caption 'She **was** yet another victim, **reduced** to a screaming wreck'.

『 **head** v.if a page is headed with a particular name, title, image etc, it has it on the top 加标题 』

- The page was **headed** 'Expenses'.
- The information sheet was **headed** Medical Insurance.
- The document was **headed** 'Confidential'.

『 **striking** adj.unusual or interesting enough to be easily noticed 醒目的，引人注意的 』

- She bears a **striking** resemblance to her sister.
- His eyes were a **striking** shade of green.
- The ad featured a **striking** red banner.

『 **illustration** n.a picture in a book, article etc, especially one that helps you to understand it (书或文章中的) 插图 』

- This children's book has beautiful **illustrations**.

- The **illustration** shows a section through a leaf. 图中所示为叶的剖面。
- We experimented with type, with **illustration** and with photos. 我们尝试了字体、插图和照片。

**illustration** n.例证, 例子  
(a story, an event or an example that clearly shows the truth about sth. )

- The statistics are **a clear illustration** of the point I am trying to make.
- One **apt illustration** of this point involves the rapid development of Japan.
- Let me, by way of **illustration**, quote from one of her poems.

『 **in a state of** 处于...状态 』

- He was **in a state of** panic after the accident / permanent depression.
- Without it, nothing could ever be brought to a conclusion; everything would be **in a state of chaos**.
- The economy is **in a state of** transition.
- The classroom was **in a state of** chaos.

『 **caption** n.words printed above or below a picture in a book or newspaper or on a television screen to explain what the picture is showing 插图的文字说明 』

- The cartoon has a humorous **caption** below it.
- Each image is accompanied by a brief **caption**. 图注
- Read the **caption** 说明文字 to understand the picture better.



As vividly depicted in the cartoon, two single-legged men, with their leg stumps bound together and arms tightly holding each other's shoulders, stride ahead briskly like normal people!  
Their four crutches are left behind, each of them supported by the other three into the shape of a pyramid, symbolizing their owners' cooperation.

**The caption below says** 'You have one leg left and so do I; support each other and we stride!' 你一条腿，我一条腿；你我一起，走南闯北~

『 **yet / still (another / one more...)** 又一个、再一个 』

- This is **yet another** problem to consider.
- She asked **still another** question.
- He sent **yet another** fax informing the journalist that if he did not reply soon he would be fired.
- This led to **yet another** angry argument.
- To such motives, **yet another** must be added.
- They made **yet another** attempt to negotiate.

- The teacher gave **still another example** to explain the rule. 老师又举了一个例子来解释这条规则。

<b>yet one more</b> 又一个	I have <b>yet one more</b> question before we finish the meeting. 在会议结束前，我还有一个问题。
<b>still another</b> 另一个；又一个	He faced <b>still another</b> challenge in his new job. 他在新工作中面临着又一个挑战。

『 **reduce sb. to sth.** to force sb./sth. into a particular state or condition, usually a worse one 使...陷入 (更糟的状态) 』

- A beautiful building **was reduced to rubble**.
- They were **reduced to begging** in the streets.
- The war **reduced** the city **to ruins**.
- As if this were not enough to **reduce you to tears**, your husband arrives, unexpectedly **bringing three guests to dinner**.
- He was **reduced to tears** by the sad story.
- The illness **reduced** her **to a shadow** of her former self.

<b>reduce sb. / sth. to sth.</b> 使某人/某事陷入某种 (更坏的) 状态	The heavy rain <b>reduced the city to</b> a state of chaos. 大雨使整座城市陷入了一片混乱。
<b>reduce sb. / sth. to doing sth.</b> 迫使某人/某事沦为 (做某事)	Loss of his job <b>reduced him to begging</b> in the streets. 失去工作迫使他沦落到街头乞讨。

『 **wreck** n.a vehicle or ship that has been destroyed or badly damaged 严重损毁的交通工具, 残骸 』

- The collision reduced the car to a useless **wreck**.
- The captain of the Elkor ordered his men to salvage as much as possible from the wreck.**
- The crash left the car a complete **wreck**.

<b>wreck</b> n.身体或精神严重受损伤的人, 废人 (a person who is in a bad physical or mental condition)	<ul style="list-style-type: none"> <li>After the stress, he became an emotional <b>wreck</b>. 情绪崩溃者</li> <li>Physically, I was a total <b>wreck</b>.</li> <li>The experience left her an emotional <b>wreck</b>.</li> <li>The interview reduced him to a nervous <b>wreck</b>.</li> </ul>
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※ On turning eagerly to the text, one learns that the lady was a typist who found the sound of office typewriters worried her more and more until eventually she had to go into a mental hospital.

『 **on / upon** (fml.) as soon as sb. has done sth. or as soon as sth. has happened 当...时, 一...就... 』

- All patients are examined **on admission** to the hospital.
- Couples are presented with a bottle of wine **upon** their arrival at the hotel.
- What was your reaction **on seeing** him?
- **On entering** the room, he saw her crying. 一进入到房间
- **Upon arrival**, they were welcomed warmly. 一到达就...
- He changed his mind **on hearing** the news. 一听到...就...

**in** prep. 在.....过程中, 在.....期间  
(while doing sth. or while sth. is  
happening, and as a result of  
this)

- **In seeking independence, they do not sacrifice their human dignity.**
- **In the organization of industrial life the influence of the factory upon the physiological and mental state of the workers has been completely neglected.**

『 **worry sb.** 使某人担忧(使役动词) 』

- I didn't tell Mum and Dad — I didn't want to ~~make them worried~~. 不地道 ⇒ I didn't tell Mum and Dad — I didn't want to **worry** them.
- Peter ~~made me deeply disappointed~~. 语法正确的烂句子 ⇒ Peter deeply **disappointed** me.
- The noise **worried** the children. 使...担心
- I often fish for hours without catching anything. But this does **not worry me**. 不使我担忧
- The delay **worried** her parents a lot.
- Financial troubles **worried** him deeply.

『 **mental hospital** 精神病院 』

- He was treated in a **mental hospital** for several months.
- She worked as a nurse at a **mental hospital**.
- The **mental hospital** is located on the outskirts of town.

**psychiatric hospital** 精神病院

She was committed to a **psychiatric hospital**. 她被送进了精神病院。

※ Now the snag in this sort of anecdote is of course that one cannot distinguish cause and effect.

『 **snag** n. a problem or difficulty, esp. one that is small, hidden or unexpected 小的问题、困难或障碍 』

- There is just one small **snag**: where is the money coming from?
- Let me know if you run into any **snags**.
- There's a **snag** in the plan we didn't foresee.

- They ran into a **snag** 困难 during construction.
- The deal hit a **snag** 障碍 at the last minute.

『 **anecdote** n.short, interesting or amusing story about a real person or event 轶事, 逸闻 』

- amusing **anecdotes** about his brief career as an actor
- He told an amusing **anecdote** 趣事 about his trip.
- The book is full of interesting **anecdotes**. 轶事
- The speaker began with a short **anecdote** 小故事 to engage the audience.

『 **distinguish / differentiate / discriminate** v.分辨 』

- It is sometimes difficult to **distinguish** between fact and fiction. 有时很难分辨事实与虚构。
- He could no longer **distinguish** between illusion and reality. 他再也分不清幻想与现实之间的区别了。
- They can **distinguish** a happy tune from a sad one. 他们能分辨出曲调是快乐还是悲伤的。

<b>differentiate</b> 区 分; 区别	A child may not be able to <b>differentiate</b> between right and wrong. 孩子可能无法区分对错。
<b>discriminate</b> 辨 别; 区分	You must learn to <b>discriminate</b> between high-quality products and cheap imitations. 你必须学会辨别高质量产品和廉价仿制品。

『 **cause and effect** 因果(固定搭配) 』

- In mental illness, there is a complex relationship between **cause and effect**.
- However, those correlations don't prove **cause and effect**. 然而, 这些相关性并不能证明因果关系。
- Does the study mean that cats will soon grasp the ins and outs of **cause and effect**? 这项研究是否意味着猫很快就能掌握因果关系的详情?

<b>cause-and-effect relationship</b> 因果关系	But those studies can't get at a <b>cause-and-effect relationship</b> . 但那些研究不能得出因果关系。
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※ Was the noise a cause of the illness, or were the complaints about noise merely a symptom?

『 **cause of ...** ...的原因 』

- But I was extremely pleased with myself I had traced **the cause of** the trouble.
-

<b>reason for / behind ...</b> ...的原因	<ul style="list-style-type: none"> <li>• ... as if mere age were a <b>reason for</b> respect.</li> <li>• He explained <b>the reasons behind</b> the decision.</li> </ul>
<b>motive for / behind ...</b> ...的动机、的原因...	<ul style="list-style-type: none"> <li>• Economy is one <b>powerful motive for</b> camping, ...</li> <li>• The <b>motives behind</b> the decision remain obscure.</li> </ul>

『 **merely a ... = a mere ...** 仅仅 』

- ... were the complaints about noise **merely a** symptom? = ... were the complaints about noise **a mere** symptom?
- Glancing at his map, he informed us that the next village was **a mere** twenty miles away.
- But this is not a business that can be undertaken in a day or swiftly improvised by **a mere** command of the will.

※ Another patient **might** equally well **complain** that her neighbours **were combining** to slander her and persecute her, **and yet** one **might be cautious** about believing this statement.

『 **may / might / could + well ...** used to say that sth. is likely to happen or is likely to be true (某事) 可能 (发生或是真的) 』

- What you say may **well** be true.
- You could try the drugstore, but it might **well** be closed by now.

『 **combine** v. to act together 合作, 共同作用 』

- Let the tea set and tea **combine** perfectly. 让茶具与茶完美结合。
- They **combine with** dust particles from the comet to form a huge cloud. 它们与来自彗星的尘埃颗粒结合在一起, 形成了巨大的云团。
- The cable car and toboggan nicely **combine** natural beauty and man-made scenery. 缆车和雪橇将自然美景和人工景色完美地结合起来。

<b>combine to do sth.</b> 共同作用...	<ul style="list-style-type: none"> <li>• Many factors <b>combined to cause</b> the recession.</li> <li>• Circumstances have <b>combined to ruin</b> our plans for a holiday.</li> </ul>
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### conspire to do sth.

合谋做某事，共同作用...

- All six men admitted **conspiring to steal** cars.
- Falling demand and high interest rates have **conspired to produce** a big drop in profits.
- **Yet, in real life, circumstances do sometimes conspire to bring about coincidences which anyone but a nineteenth century novelist would find incredible.**

### 『 yet conj. /adv. 』

- Kelly was a convicted criminal, **yet**<sup>(conj.)</sup> many people admired him. It is strange, and yet it is true.
- The essay is good, **yet**<sup>(conj.)</sup> it could be improved.
- It is strange, **and yet**<sup>(adv.)</sup> it is true.
- **Though** he is poor, **yet**<sup>(adv.)</sup> he is satisfied with his situation.
- I agree with you, **but yet**<sup>(adv.)</sup> I cannot consent.

### 『 cautious adj. 谨慎的 』

- She has grounds for **cautious optimism**. 她有理由可以持谨慎的乐观态度。
- **Cautious optimism** in the fight against malaria. 持谨慎乐观的态度抗击疟疾。
- The overall mood is one of **cautious optimism**. 从总体上看，可以持谨慎乐观的态度。

### be cautious about (doing) sth.

对...很谨慎

Keller is **cautious about making predictions** for the success of the program.

## 结论 难度：7级

※ **What is needed in the case of noise is a study of large numbers of people living under noisy conditions, to discover whether they are mentally ill more often than other people are.**

### 『 in the case of with reference to, or in the situation of 对于，关于；在.....情况下 』

- The law will apply equally to men and women except **in the case of** maternity leave.
- The amount of fruit in fruit juices must be 6% **in the case of** berries and 10% in the case of other fruits.

**in case of** 若发生某事；假如  
(if sth. happens )

**In case of** fire, ring the alarm bell.

『 **study of** 对于...的研究 』

- a **study of** Australian wild birds
- a center for the **study of** Asian languages
- We conducted a **study of** consumer behavior in rural areas.

『 **conditions** n. [pl.] circumstances 环境, 情况 (under ... conditions 在...环境中) 』

- **Under existing conditions**, the plan cannot succeed.
- Firemen have to operate **under very difficult conditions**. 在非常艰苦的环境中
- The soldiers survived **under harsh conditions**. 在恶劣的环境中

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※ **Some time ago** the United States Navy, for instance, **examined a very large number of men working on aircraft carriers**: the study **was known as Project Anehin**.

『 **Some time ago** 前不久 』

- **Some time ago**, an interesting discovery was made by archaeologists on the Aegean island of Kea. 前不久
- **Some time ago**, I received a letter from an old friend. 前不久
- We had a similar conversation **some time ago**. 前不久
- **When a light passenger plane flew off course some time ago, it crashed in the mountains and its pilot was killed.**

『 **aircraft carrier** n. a type of ship that planes can fly from and land on 航空母舰 』

- He served on an **aircraft carrier** during the war.
- The **aircraft carrier** launched several jets during the exercise.
- An **aircraft carrier** can carry dozens of planes.

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※ **It can be unpleasant to live even several miles from an aerodrome; if you think what it must be like to share the deck of a ship with several squadrons of jet aircraft, you will realize that a modern navy is a good place to study noise.**

『 **aerodrome** n. a place that small planes fly from 小飞机场 』

- The small plane landed safely at the **aerodrome**. 小飞机场
- There is an **aerodrome** just outside the town.
- The pilot trained at a local **aerodrome**. 小型机场

『 **squadron** n.a unit of one of the armed forces, especially the air force or the navy 空军或海军中队 』

- A **squadron** of jets flew overhead.
- The navy deployed a **squadron** for the mission.
- He commands a **squadron** in the air force.

『 **jet aircraft / jet** n.aircraft powered by a jet engine 喷气式飞机 』

- **Jet aircraft** are faster than propeller planes.
- They heard the roar of a **jet aircraft** overhead.
- The military uses many **jet aircraft**.

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✧ But **neither** psychiatric interviews **nor** objective tests **were able to** show any effects upon these American sailors.

『 **neither ... nor** 既不...也不... 』

- **Neither** the manager **nor** the workers knew what to do.
- **Neither** John **nor** Mary was present at the meeting.
- She could **neither** read **nor** write at that time.

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✧ This result merely **confirms** earlier American and British studies: **if** there is any effect of noise upon mental health, it **must be** so small **that** present methods of psychiatric diagnosis **cannot find** it.

『 **if** if + 从句不一定是条件，也有可能是让步 (if = even if 即使)，要根据上下文判断。 』

- But the first people who were like ourselves lived so long ago that even their sagas, **if they had any**, are forgotten.
- God's reasons, if He has any, are opaque to us.
- **If** he has any reasons, they are unknown to us.
- His descendants, **if** any, never left the island.

**If** there is any effect of **GM foods upon human health**, it must be **so** small **that** present methods of medical diagnosis cannot find it. 即使转基因食品对于人体健康有影响，也一定是微乎其微，以至于目前的医学诊断方法无法发现。

- His descendants, **if any**, never left the island.
- He is seldom, **if ever**, absent from work.

There is every likelihood that the costs of the monitoring system, such as the purchase, maintenance and updates of software, employment of extra personnel in charge of it, will offset or even outweigh additional revenue, **if** there is any. Gre写作范文

『 **if = although perhaps** 尽管可能... 』

- Donald's essays are always interesting, **if** sometimes poorly written.
- She understood his meaning, **if** not his words, and took his advice.

※ That **does not prove** that it **does not exist**; **but it does mean** that noise is less dangerous than, **say, being brought up in an orphanage -- which really is a mental health hazard.**

『 **say** 比方说 (插入语) 』

- No matter where you live, you would find it difficult not to laugh at, **say**, Charlie Chaplin's early films. 比方说
- The Americans would hammer out different pacts covering, **say**, electronic goods and drug manufacturing. 比方说
- You could invest in, **say**, a small restaurant or shop. 比方说

『 **bring up sb.** 抚养长大;把某人抚养成人 』

- Whether we find a joke funny or not largely depends on where we have been **brought up**.
- He did not marry again and I **was brought up** without a woman's care; but I lacked for nothing, for he was both father and mother to me.
- He was **brought up** without a mother.
- We were **brought up** to be respectful to others.
- She was **brought up** in a small village.

**be brought up to do sth.** 从小就...

- The sad truth is that most of us have **been brought up to eat** certain foods and we stick to them all our lives.
- We have **been brought up to fear** insects.

『 **hazard** 隐患, 危险 』

- The busy traffic entrance is / **presents** / **poses** / **constitutes** a hazard to pedestrians.
- Our knowledge of the oceans a hundred years ago was confined to the two-dimensional shape of the sea surface and the **hazards** of navigation **presented** by the irregularities in depth of the shallow water close to the land.
- Smoking is a major **health hazard**. 健康隐患

- Polluted water poses a **hazard** to marine life.
- That abandoned building is a **safety hazard**. 安全隐患

<p><b>a health / safety / fire / traffic hazard</b> 健康/安全/火灾/交通隐患</p>	<p>Oily rags stored in the basement are a serious <b>fire hazard</b>. 地下室存放的油抹布是严重的火灾隐患。</p>
<p><b>be / present / pose / constitute a hazard to ...</b> 对...构成隐患</p>	<p>Discarded plastic bags <b>pose a hazard to</b> marine life. 丢弃的塑料袋对海洋生物构成隐患。</p>



Old habits die hard

江山易改本性难移

受限于个人水平，笔记若有疏漏之处，恳请发送邮件至 [hibenba@gmail.com](mailto:hibenba@gmail.com) 批评指正。

同时可通过网址([ncego.com](http://ncego.com))页面底部“举报”错误 (更新于:2026-03-01)。

一场孤独的修行，需要相信积累的力量。专注当下、珍惜时间、心怀感恩、顶峰相见。